

BACHELOR DEGREE
PHYSICAL EDUCATION AND SPORTS
2ND YEAR OF STUDY, 2ND SEMESTER

COURSE TITLE	THEORY AND PRACTICE OF TOURISM AND ORIENTEERING
COURSE CODE	SL1211260
COURSE TYPE	tutorial
COURSE LEVEL	1 st cycle (bachelor's degree)
YEAR OF STUDY, SEMESTER	1 ST year of study, 2 nd semester
NUMBER OF ECTS CREDITS	5
NUMBER OF HOURS PER WEEK	4 (2 lecture hours + 2 seminar hours)
NAME OF LECTURE HOLDER	ONOSE IONUȚ
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PREREQUISITES	Advanced level of English
A	GENERAL AND COURSE-SPECIFIC COMPETENCES
	<p>General competences:</p> <ul style="list-style-type: none"> → Modular design and planning the basic contents of the field with interdisciplinary orientation → The assessment of physical growth and development and the quality of the motor according to the specific requirements / objectives of the physical therapy, the attitude towards the independent practice of the physical exercise → Description and demonstration of specific operational systems for physical therapy, by age groups → Evaluation of the level of training of practitioners of physical education and sports activities <p>Course-specific competences:</p> <ul style="list-style-type: none"> → Organization of physical and sports education activities for people of different ages and levels of training under qualified assistance conditions, respecting the rules of professional ethics and deontology → Fulfillment of efficient and effective work tasks for organizing and conducting sports activities
B	LEARNING OUTCOMES
	<ul style="list-style-type: none"> → Implementation of a system of theoretical and applicative knowledge in the field of tourism for future use in the professional activity of students. → Accumulation of theoretical and practical notions specific to the field; → Ability to organize and conduct sports activities in nature.
C	LECTURE CONTENT
	<ul style="list-style-type: none"> • The tourism phenomenon - general notions. • Types of tourism and the importance of accessibility to tourist sites. • Forms of spatial manifestation of the tourism phenomenon Importance. • The main tourist elements of Iasi. • The main tourist elements of Iasi. • Methodology of organizing trips. • Methodology of organizing trips. • Meteorology and climatology - basic elements. • The technique of map orientation. • Orientation technique without map. • Mountain tourist routes. • First aid concepts. • Interaction with the environment and behavior in extreme situations. • The impact of the tourism phenomenon on the geosystem.
D	RECOMMENDED READING FOR LECTURES
	<ul style="list-style-type: none"> • Jaliu, D.D. (2012), <i>The effectiveness of public policies and structural funds in enhancing tourism development. The case of Romania</i>, Theoretical and Applied Economics, Volume XIX, No. 12 (577), pp. 37-52, Bucharest;

	<ul style="list-style-type: none"> • Nistor, R., Nistor, C., Muntean, M.C. (2010) <i>The implementation of austrian mountain tourism experience in romanian mountain tourism</i>, World Scientific and Engineering Academy and Society, Latest Trends on Cultural Heritage and Tourism, pp. 229-234; • Rodrigue, J.P., Comtois, C., Slack, B. (2006), <i>The Geography of Transport Systems</i>, Routledge, New York; • Ursu, L., Palamar, P. (2015) <i>Rural tourism in Bucovina</i>, Ed. Mușatinii, Suceava.
E	SEMINAR CONTENT
	<ul style="list-style-type: none"> • Noțiuni de orientare în teren cu ajutorul busolei și a hărții • Noțiuni de orientare în teren fără busolă și hartă • Orientarea sportivă • Organizarea taberelor de campare • Parcurgerea și reamenajarea traseelor turistice • Noțiuni de ecologie și protecție a naturii • Parcurgerea și reamenajarea traseelor turistice
F	RECOMMENDED READING FOR SEMINARS
	<ul style="list-style-type: none"> • Jaliu, D.D. (2012), The effectiveness of public policies and structural funds in enhancing tourism development. The case of Romania, <i>Theoretical and Applied Economics</i>, Volume XIX, No. 12 (577), pp. 37-52, Bucharest; • Nistor, R., Nistor, C., Muntean, M.C. (2010) <i>The implementation of austrian mountain tourism experience in romanian mountain tourism</i>, World Scientific and Engineering Academy and Society, Latest Trends on Cultural Heritage and Tourism, pp. 229-234; • Rodrigue, J.P., Comtois, C., Slack, B. (2006), <i>The Geography of Transport Systems</i>, Routledge, New York; • Ursu, L., Palamar, P. (2015) <i>Rural tourism in Bucovina</i>, Ed. Mușatinii, Suceava.
G	EDUCATION STYLE
LEARNING AND TEACHING METHODS	Interactive lectures, explanation, demonstrations, viewing material and so on
ASSESSMENT METHODS	Practical and teoretical evaluation
LANGUAGE OF INSTRUCTION	English